

**NEXT SERVICE PROJECT:**

**NEXT RIDES:**

Nov 5-7 Robbers  
Roost

**NEXT MEETING:**  
Barefoot Trim

Thur Nov 11 at 7pm

[Cottonwood Retirement Center 1245 East Murray-Holladay Road \[4752 South\]](#)

**THANK YOU!**

To everyone who remembered to get their service hours to Fred. If you forgot ... do it now. 553-1873  
[fredles-lie101@gmail.com](mailto:fredles-lie101@gmail.com)

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# Mountain Ridge

## Back Country Horsemen of Utah

### P R E S I D E N T ' S M E S S A G E

#### *A Message of Thanksgiving ...*

During our October meeting, Cindy Furse gave an outstanding presentation on first aid for horses. Together with a well prepared handout she showed us her saddle bag of useful gadgets and first aid supplies. Much of this information will be shared elsewhere in this newsletter. As we were listening to Cindy, my mind went back to the Buffalo Roundup last year on Antelope Island. Four horses were gored by charging buffalo. Cindy and others combined their first aid supplies to help with the injuries on at least two of the four horses. I remember watching as the horse owners and a few others did what they could to patch up the wounds and remember thinking what a wonderful thing it was that someone at least came prepared to help out in an emergency. That someone was Cindy. I had not made the connection until the other night. I am thankful that she was there prepared to help.



*Paul with Rory in harness during the Castle Rock – Coalville Wagon Train, 2010*

The roundup in the fall is just one of the ways that man cares for beasts of a lesser lot. Once the buffalo herd is gathered up and settled in the corrals, they are vet checked, immunized, culled and

released. For as much as the animals resist, it is for their good that this is done. As owners and caretakers of large animals, we all do our best to watch over and provide for them. I am

thankful to have been around livestock through much of my life.

For me, many of life's lessons have been learned around livestock. As a child I first experienced death through a pet lamb named Stanley. Shortly thereafter I witnessed the miracle of the birth of a half Arabian foal we later named Tarsh. I have marveled at the innate instincts of livestock – from the herd instinct to

their seeming resignation of fate when they know that their time has come. I have often wondered about the creation of the horse – and the general willingness they have to please their masters. I am thankful for being the owner of three remarkable horses.

I am thankful for the willingness that Mountain Ridge members have demonstrated this past year to lead rides, arrange presentations during monthly meetings and in general just plain help out. The amount of service hours so

generously given has been remarkable. For me as the president of this year, it has made all the difference in the world. I am thankful for you and for our association. I have gained much more than I have given. Some years ago, I wrote the following poem. It was not originally written with Thanksgiving in mind, but during the subsequent years, it has been picked up by the cowboy poetry websites and presented as a Thanksgiving poem. I well remember that Thanksgiving when Dad didn't come back from that cattle drive through the deep snow. It taught me a lesson – livestock owners go to great lengths to care for their animals. There is something good in that - something that many people who do not keep animals will never know. Thank you for being part of it.

Happy Thanksgiving — Paul Kern

## Where Warmth Means Wood

BY PAUL KERN

In the winter of nineteen twenty-one,  
Before the arrival of their firstborn son,  
Alf took Amy through snow and ice,  
Forty miles by sleigh from Preston to Paradise.

My grandfather felt a little regret,  
That a horse and a sleigh was all he could get,  
To visit her family as he knew he should,  
When travel meant horses and warmth meant wood.

In the winter of nineteen sixty-eight,  
Thanksgiving that year just had to wait,  
My father drove cattle through drifting snow,  
To the shelter of valleys down below.  
We just put off our holiday feast,  
Grateful for safety of man and beast.  
The cattle were cared for best as they  
could,  
When rescue meant horses and warmth  
meant wood.

A little closer towards the end of the year,  
We called on poor families living near,  
In a Quonset hut and a tar paper shack,  
Heat was by fire and water they'd pack.

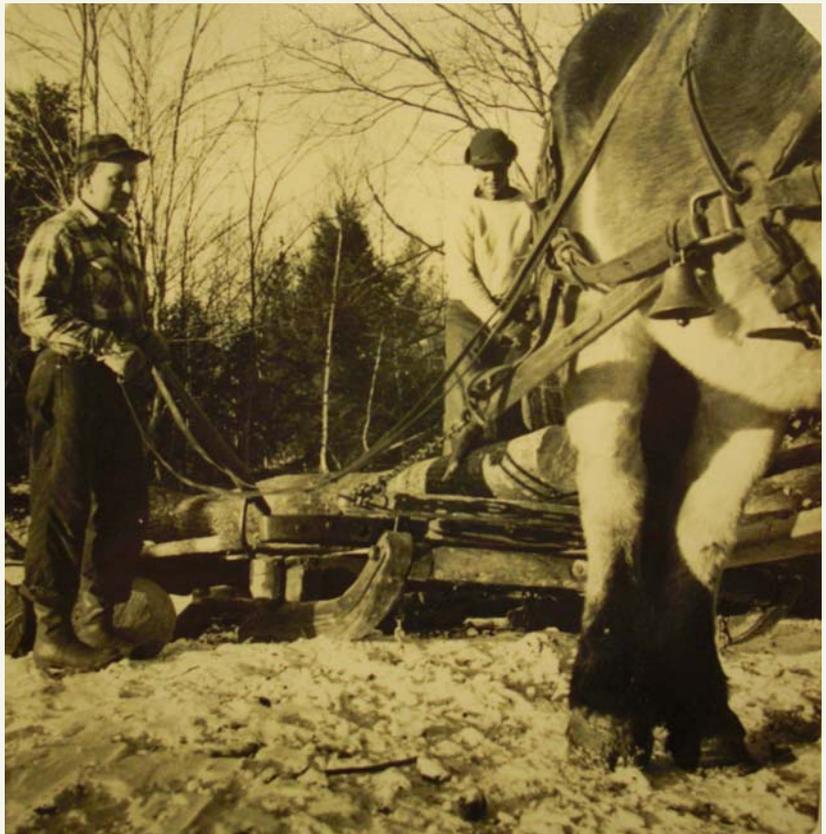
Country radio had made a plea,  
To donate a Christmas gift or a tree,  
So we took a present to each little child,  
They were ragged, dirty and a little bit wild.

Plastic sheets on the windows let in day-  
light,  
And the wind and the snow and the cold of  
the night,  
We tried to help out as they expected we  
would,  
Horses lived better than this; still warmth  
meant wood.

So here we are in two thousand and some,

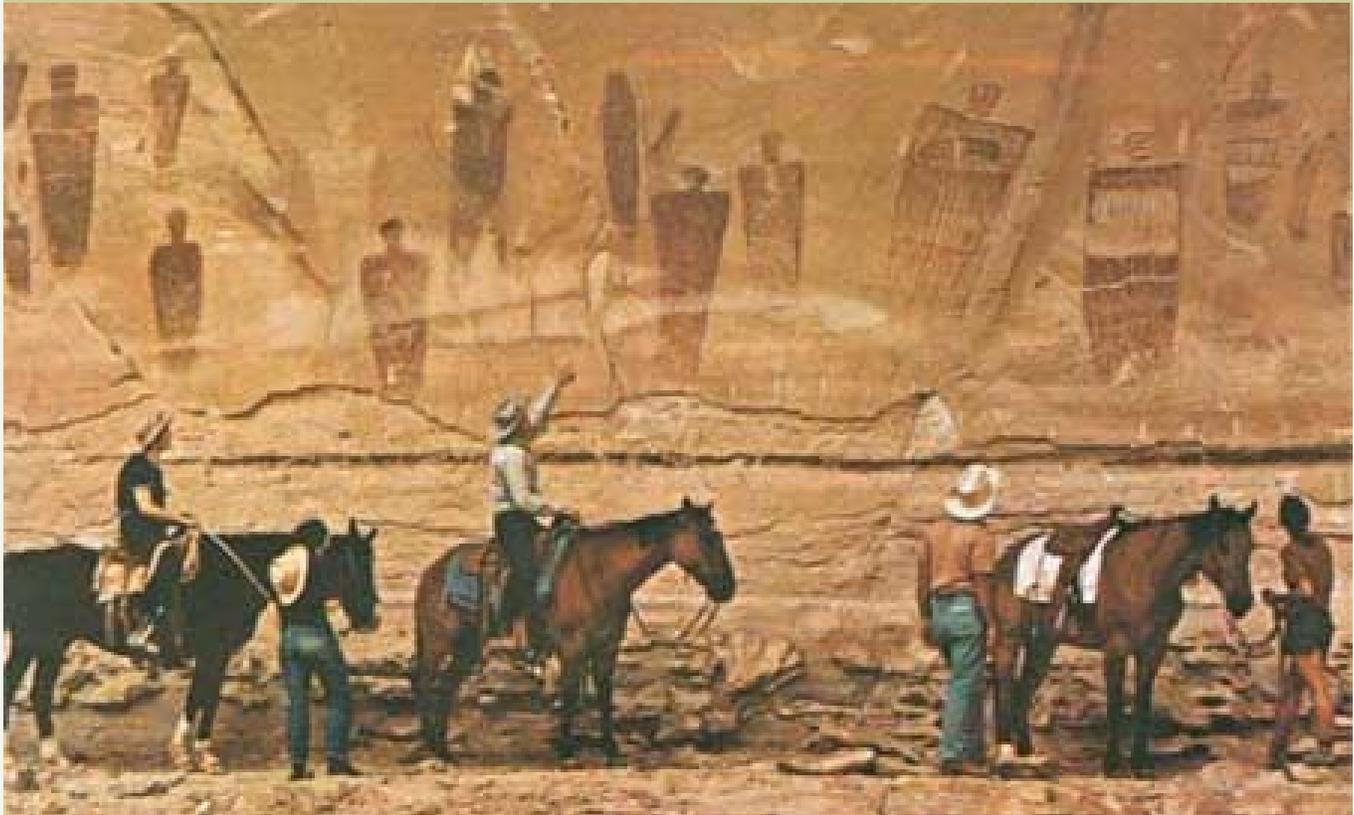
It's hard not to let your feelings go numb,  
So we remember our folk's blood, sweat and tears,  
We try to pass it on down through the years.

From horses to cattle to neighborly ways,  
From harness and saddle to one-horse sleighs,  
To being kind to man and to beast as we should,  
It still means something where warmth means wood.



*Carl & Arthur Mahoney (Cindy's Grandpa & Dad) gathering wood  
with the old wooden sled.*

## MOUNTAIN RIDGE BCHU 2010 SCHEDULE

*Horse Shoe Canyon Petroglyphs., Ride Nov. 5-7*

**Nov 11, Monthly Meeting,** Bare Foot Trim (coordinator: Tom Smith) 7pm  
[Cottonwood Retirement Center 1245 East Murray-Holladay Road \[4752 South\]](#)

**Nov 5-7 (weather permitting!), Wild Bunch-Robbers Roost Ride**  
 (Bruce Kartchner, 571-6426  
 bruce1349@gmail.com)

RSVP to Bruce is NECESSARY to get the permit,

Weather: This ride is subject to weather, because it is a long way in on a (potentially sticky) dirt road. If this weekend is bad, we will consider the weekend of Nov 12-14. If that weekend is also bad, this ride will not happen this year.

We will camp Friday night at Granary Springs, about 40 miles from highway

24. ([Google map to the trail-head](#) , where you will see a Motel 6) On Saturday we will ride to Cowboy Caves. That is a 1.5 to 2 hour ride from Hans Flats. If anyone wanted a shorter ride they can turn back there. From the caves we would go to the a petroglyph described by the locals as the Blue Eyed Princes. The round trip would be about 6-7 hours. The route to the petroglyph is a little dicey and I would not advise any first time riders.

Sunday we would go to [Horse-shoe Canyon](#), home of the worlds largest petroglyphs. It is in Canyonlands National Park and we can only enter it with a permit. That would be about 3 to 4 hours. Then we would drive home.

There is no feed, so you will need weed free hay or cubes.

There may or may not be water in the spring for the horses. **BRING IN ENOUGH WATER FOR YOUR HORSES.** Each rig should have at least 50 gallons of water (more for multiple horses) in case the spring is not running. Plan to tie your horse to your trailer or high line between trailers.

Here are some links to the area:  
[Horseshoe Canyon Trail](#)

[USGS: Native Peoples](#)

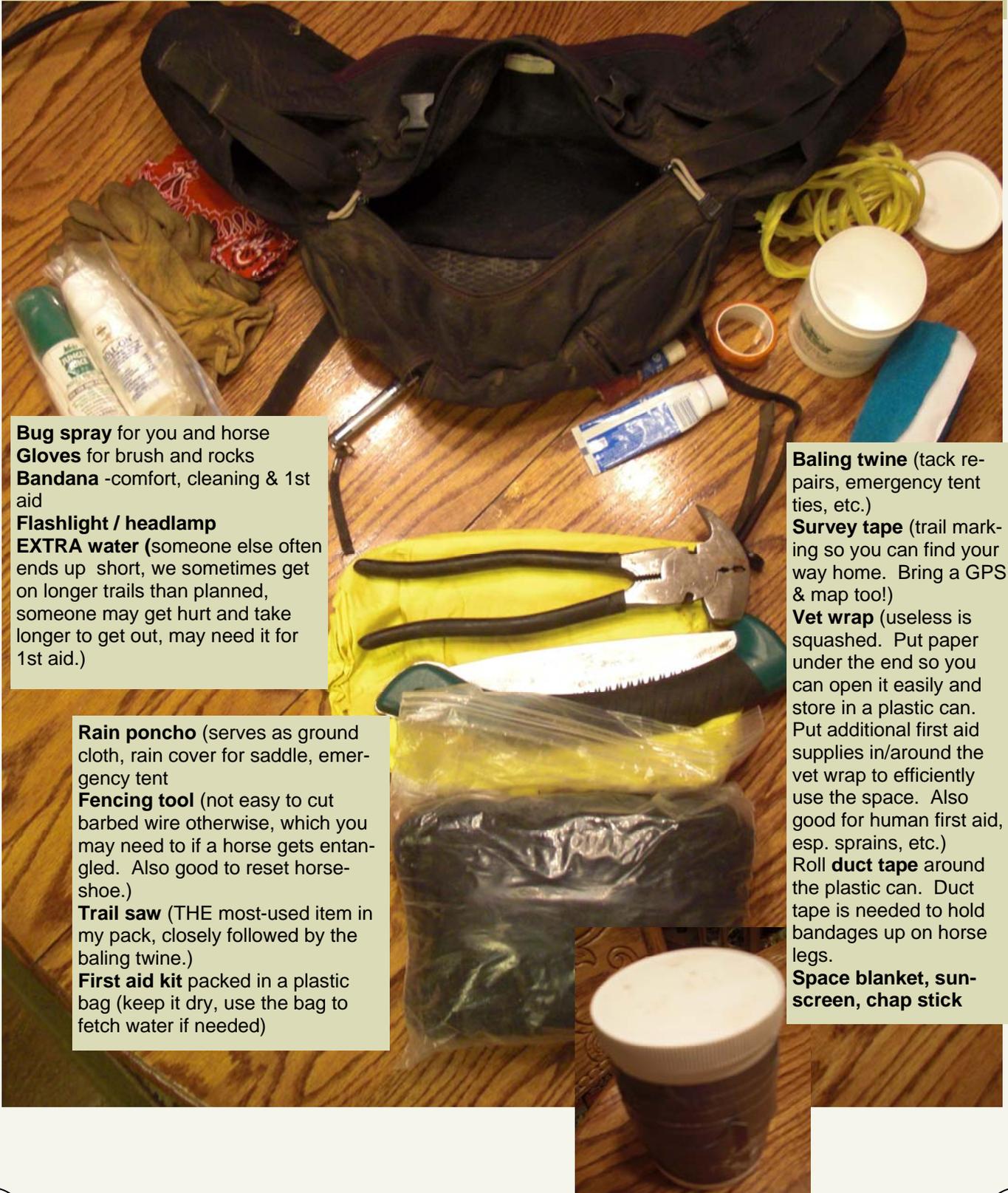
[Tom's Utah Canyoneering Guide \(maps\)](#)

**Dec 4, Stansbury Petroglyphs Ride** (Paul Kern)

**Dec 9, Christmas Party** (Tom Smith)

Helpers and donations needed!  
 See back page.

A B A C K C O U N T R Y F I R S T A I D K I T  
B Y C I N D Y F U R S E

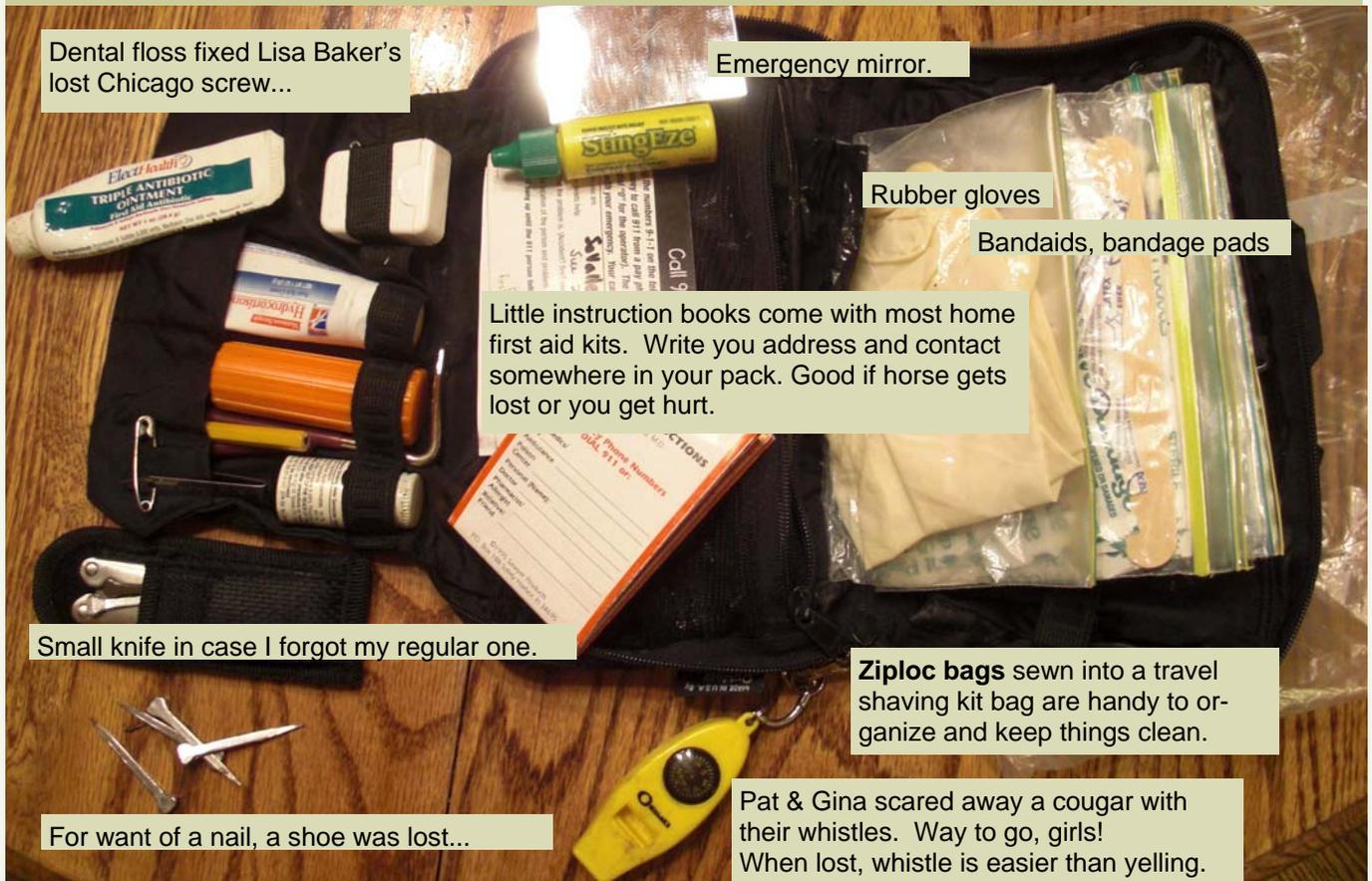


**Bug spray** for you and horse  
**Gloves** for brush and rocks  
**Bandana** -comfort, cleaning & 1st aid  
**Flashlight / headlamp**  
**EXTRA water** (someone else often ends up short, we sometimes get on longer trails than planned, someone may get hurt and take longer to get out, may need it for 1st aid.)

**Rain poncho** (serves as ground cloth, rain cover for saddle, emergency tent)  
**Fencing tool** (not easy to cut barbed wire otherwise, which you may need to if a horse gets entangled. Also good to reset horse-shoe.)  
**Trail saw** (THE most-used item in my pack, closely followed by the baling twine.)  
**First aid kit** packed in a plastic bag (keep it dry, use the bag to fetch water if needed)

**Baling twine** (tack repairs, emergency tent ties, etc.)  
**Survey tape** (trail marking so you can find your way home. Bring a GPS & map too!)  
**Vet wrap** (useless is squashed. Put paper under the end so you can open it easily and store in a plastic can. Put additional first aid supplies in/around the vet wrap to efficiently use the space. Also good for human first aid, esp. sprains, etc.)  
Roll **duct tape** around the plastic can. Duct tape is needed to hold bandages up on horse legs.  
**Space blanket, sun-screen, chap stick**

FIRST AID KIT (CONTINUED)



Dental floss fixed Lisa Baker's lost Chicago screw...

Emergency mirror.

Rubber gloves

Band-aids, bandage pads

Little instruction books come with most home first aid kits. Write you address and contact somewhere in your pack. Good if horse gets lost or you get hurt.

Small knife in case I forgot my regular one.

Ziploc bags sewn into a travel shaving kit bag are handy to organize and keep things clean.

For want of a nail, a shoe was lost...

Pat & Gina scared away a cougar with their whistles. Way to go, girls! When lost, whistle is easier than yelling.

Besides what you see ... Triple antibiotic ointment, cortisone (for rashes), matches, steel wool (start fire with battery in your GPS or camera), fire starting cubes (the kind you use in little cook stoves) pencil/paper (that's under the vet wrap), tweezers, iodine tablets (water purification), safety pin (splinter or wardrobe malfunction), hoof pick, black garbage

bag (for trash, rain gear for your friend who forgot), Alcohol pads. Meds (ibuprophen, aspirin, Tylenol, antihistamine, antidiarrheal, Bena-dryl, etc. Feminine pads make great bandage pads, bit of string or shoe lace. I'll be adding bute, bannamine, and antibiotic pills for horses, plus 20cc syringe (with

ends cut off can also hold nostrils open if horse snake bit on nose). **'Always be prepared.'** Pack a calm mind & clear head. Take a first aid class NOW. Read a book on horse first aid. Learn to use a GPS. Be ready to help a friend or a stranger. It feels good.

2010 OFFICERS

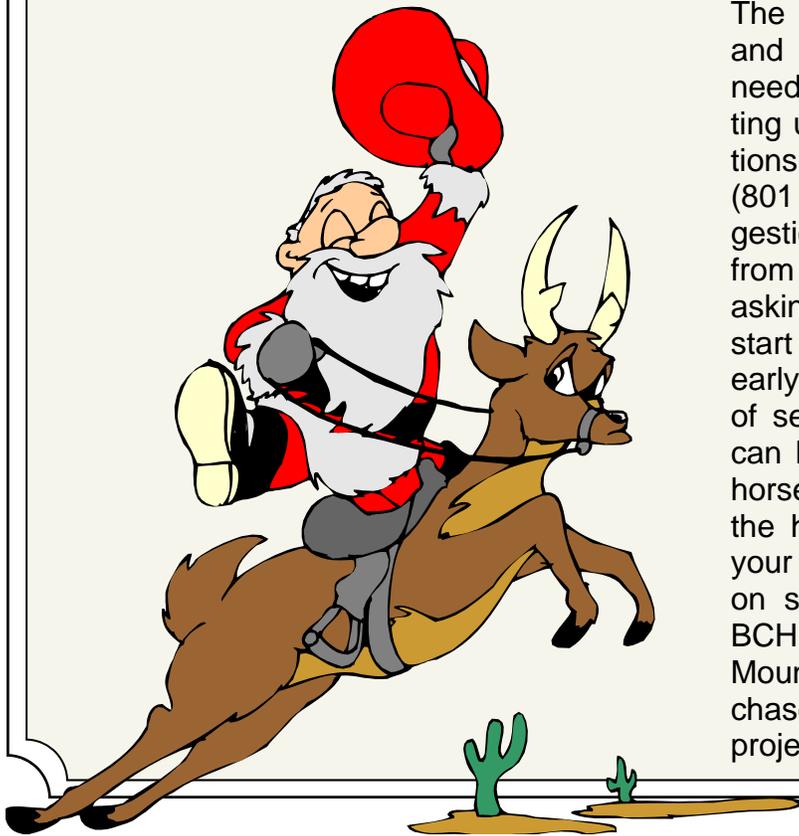
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|--|--|--|---|
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WE'RE ON THE WEB!  
[BCHU.Com](http://BCHU.Com)

### HOW TO JOIN BCHU

The membership form to join Mountain Ridge BCHU is in the January newsletter. This is on the web at [www.BCHU.com](http://www.BCHU.com) Go to the Mountain Ridge chapter page, click on Newsletter Archives, then January 2010. It is on the last page of the newsletter. OR contact Cindy Furse ([cfurse@ece.utah.edu](mailto:cfurse@ece.utah.edu)) 801 581 9225,

### VOLUNTEERS & DONATIONS NEEDED!



The Mountain Ridge BCHU Christmas Party and Auction are coming December 9. We need helpers for the dinner (decorating and setting up tables, cooking, cleaning up) and donations for the auction. Please contact Tom Smith (801 254 5570) to volunteer or if you have suggestions for companies to request contributions from (just to be sure we don't have 72 people asking the same corporate donor). And please start cleaning out your closets and tack rooms early! Clean used items, new items, donations of services, etc. are always welcome. These can be things that are horsey (we all do have horses, of course), or just fun stuff for around the house, gift items, etc. So make room in your closets before the holidays, and then plan on some creative Christmas shopping at the BCHU holiday auction. All proceeds go to Mountain Ridge BCHU and are used to purchase equipment, materials, etc. for our trail projects and activities.