

NEXT MEETING

June 12 at 7pm

'Evidence Based Horsemanship'

Steve Peters, neuroscientist

[Cottonwood Retirement Center 1245 East Murray-Holladay Road \[4752 South\]](#)

NEXT PROJECT

TBD

NEXT RIDE

June 28-29 Blackhawk in Payson Canyon

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EVIDENCE BASED HORSEMANSHIP

About the authors who will be attending our next meeting: For the past 12 years, Dr. Peters has been the Chief of Neuropsychological Services for a large neurology practice in Danbury, Connecticut. He is currently a neuropsychologist at a large hospital in eastern Iowa. Dr. Peters specializes in brain functioning. As a neuroscientist and horse brain researcher, he has given numerous presentations and performed several horse brain dissections for students. He trains his horses in the Vaquero tradition, Jaquima a Freno (Hackamore to Bit). Over the past two years, he has worked in conjunction with renowned horseman and clinician, Martin Black, on Evidence-Based Horsemanship. Black's life-long experience working with hundreds of horses provided significant empirical data for their project. Evidence-Based Horsemanship involves assessing and integrating scientific findings to inform decisions and create best practices in horsemanship. Their scientific findings in the neurofunctioning of the horses's brain and its application will increase one's ability to understand and read horses. Their data has been compiled in their recent book, Evidence-Based Horsemanship, and will benefit all horses and horse owners.

MARTIN BLACK

Martin grew up on the Ace Black family ranch in Bruneau, Idaho where he was influenced by his father, Ace, grandfather Albert and uncle Paul Black. After high-school he worked on ranches in Idaho, Nevada, and California, working with top horsemen and bridlemen, Charlie and Bill Van Norman, Ray Hunt, Gene Lewis, Melvin Jones, Tom Dorrance and Tom Marvel along the way. Growing up working cows from horseback, Martin has had a unique opportunity to develop a great sense of feel

for both the horse and cattle. When he was working cattle at home on the ranch or working horses with Tom Dorrance, he learned to have an awareness for the self-preservation of these animals. When they were calm, they had an open and learning frame of mind but the more they became afraid, the more they shut down and went into a reactive state of mind. From these experiences, he learned how important and productive it was to keep cattle and horses from being stressed. From Martins high school years on, he has been starting colts, handling mustangs and wild cattle and showing cow-horses. At 24, he took a management position for 8 years on one of the largest ranches in the Great Basin.

He then went on to starting horses full time. For over ten years, he would contract as many as 500 head a year, traveling all over the US. It then evolved into doing clinics and helping other people with their horses and through all this, he has been exposed to all different disciplines of the horse industry and all different breeds of horses. From Guachos and the Criollo in South America, show-jumpers in Europe, camp-drafters in Australia, the Japanese and their racehorses, ranchers in Africa, Canada and the US and many, many more. But in all these breeds and all these countries, when it comes to the horses, the bottom line is the same. They all have the same instincts and the same basic needs. This is why, two years ago when Dr. Steve Peters introduced himself to Martin at the Legacy of Legends event in Fort Worth, Tx, it was an immediate fit. And it has been a great opportunity and endeavor to work together and bring this knowledge to everyone who is interested in how a horse thinks and what it needs.

MOUNTAIN RIDGE BCHU 2014 SCHEDULE



**June 12 at 7pm Monthly Meeting
Evidence Based Horsemanship,
Steve Peters**

Evidence-Based Horsemanship combines science and the understanding of brain function with an empirical understanding of the subtleties of a horse's behaviors, reactions, and chemical states. Evidence-Based Horsemanship is based on the Scientist-Practitioner model it involves assessing and integrating scientific findings to inform decisions and create "best practices" in all areas

of horse training and care based on empirical outcomes. (i.e., what "works"). Evidence-Based Horsemanship was developed out of a collaboration between renowned horseman, Martin Black and neuroscientist, Dr. Stephen Peters who felt that the public and their horses needed a source of "real information" gathered by observation, tested in the field and validated by science. This "real information" allows us to ask the question, "What does our current scientific knowledge of the horse, when applied and observed, show me about getting the best outcomes possible for me

and the horse?"

June 28&29 Blackhawk in Payson Canyon / Cindy Furse
cfurse@ece.utah.edu
801 647 4174

We will have two rides, Saturday and Sunday ready to ride at 10am. Rides will be 5-6 hours, shoes recommended. Bring lunch and water for you. There will be water for the horses at the trailhead, and hopefully but not guaranteed on the trail.

From I-15 south take exit 250 (Payson). Follow signs to Nebo Scenic Loop. Go up the canyon about 6-7 miles. Turn left at Blackhawk Campground sign. Follow this road about 2 miles to get to the campground. If you are coming just for the day, there is a good parking lot on your left just after you enter LOOP E. There is a day use fee to park here.

To camp, reserve a campsite in horse loop E reservations.gov or call 1-877-444-6777. (I'll be staying in E12 on Saturday night.)

**July 10 at 7pm Monthly Meeting
July 11,12 Strawberry / TBD**

**July 18,19,20 Uintas / Women's
Pack In Trip & Pack Out Project / Gina Levesque**

Aug. 14 at 7pm Monthly Meeting

**August 16 American Fork /
Larry Newton**

Sept. 11 at 7pm Monthly Meeting

**September 20 Old Ephraim's
Grave / Bill McEwan**

Oct 9 at 7pm Monthly Meeting

**October 11 South Willow / Tom
McEwan**

Nov 13 at 7pm Monthly Meeting

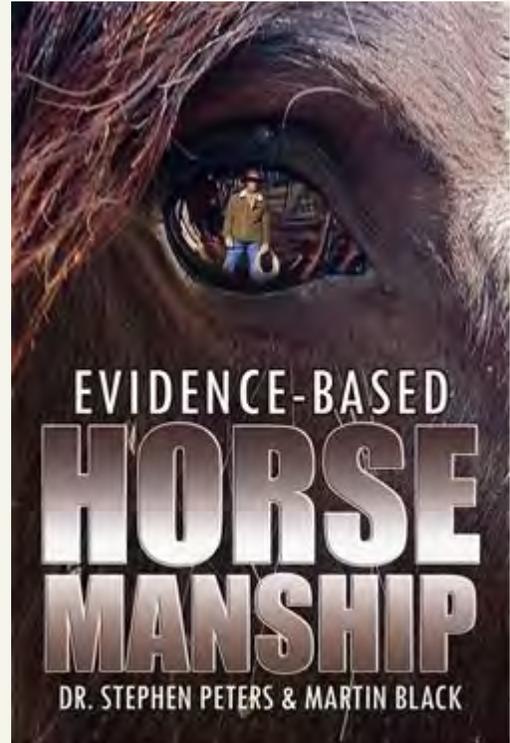
November 15 Stansbury Island / Paul Kern

Dec 11 Christmas Party & Auction

EVIDENCE BASED HORSEMANSHIP

Meet the author at our regular meeting June 12 at 7pm

Evidence-Based Horsemanship combines science and the understanding of brain function with an empirical understanding of the subtleties of a horse's behaviors, reactions, and chemical states. Evidence-Based Horsemanship is based on the Scientist-Practitioner model it involves assessing and integrating scientific findings to inform decisions and create "best practices" in all areas of horse training and care based on empirical outcomes. (i.e., what "works"). Evidence-Based Horsemanship was developed out of a collaboration between renowned horseman, Martin Black and neuroscientist, Dr. Stephen Peters who felt that the public and their horses needed a source of "real information" gathered by observation, tested in the field and validated by science. This "real information" allows us to ask the question, "What does our current scientific knowledge of the horse, when applied and observed, show me about getting the best outcomes possible for me and the horse?"



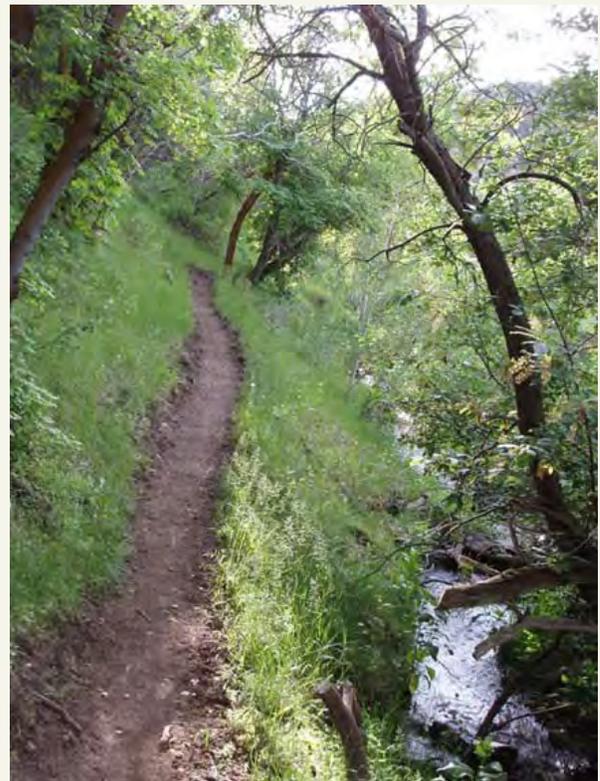
YELLOW FORK PARKING LOT UPDATE

Salt Lake County plans to improve equestrian parking at Yellow Fork this summer. The project is scheduled to start "any day now" so we should be aware that when construction does start, parking will be extremely problematic. Work is scheduled to be completed by the end of September. The finished lot includes parking for 25 rigs, a one-way drive through, and a separate parking area for autos. At the conclusion of construction, MRBCHU will have an opportunity to help with the finishing touches.

Find out More —

Yellow Fork & Rose Canyon Master plan

<http://www.slco.org/recreation/planning/PDFdocs/roseYellowForkCanyonMasterPlan.pdf>



May 13 Sheep Creek Ride

11 riders enjoyed 12 miles of canyons, trees, and hillsides. The weather was perfect, with just a little breeze to take off any edge from the heat. We had some new riders along and everyone had a great time riding and making acquaintance. Thank you everyone for coming! Thank you to Doris & Scott Richards for arranging this ride (and taking pictures)!



MR BCHU SERVICE 2014 UPDATE

MAY 3 DIMPLE DELL PROJECT

Thanks to everyone who made our May 3 service project in Dimple Dell a success! This year we joined forces with Salt Lake County Parks and Recreation's annual "Purge your Spurge" project, organized to contain the recent spread of noxious weeds in open spaces. This was the first year the county extended the project to Dimple Dell Park and this expansion gave equestrians a great opportunity to participate. Publicity was somewhat limited in terms of the Dimple Dell portion of the project, yet 25 people showed up. Of those 25, **15 were BCHU members!**

Congratulations to Kristi Collins, who won the drawing for Snowbird passes. No good deed goes unpunished in our world.

MAY 17 SANDY PRIDE SERVICE PROJECT

Thanks to BCHU members and friends who participated in Sandy City Pride Day Dimple Dell project. Volunteers moved mountains (well, not really, but we did take down a couple transient hangouts!) We focused on the area below 1300 East, which has become a more popular riding and hiking area since the 1300 East tunnel was opened. Thanks to these workers there is a lot less trash near the trails, under the bridges and in the creek bed. Mountain Ridge has another 18 hours of service as well!





PO Box 1367, Graham WA 98338

1-888-893-5161 www.backcountryhorse.com

Annual Volunteer Hours

<u>Year</u>	<u>Hours</u>	<u>\$Value</u>	<u>Trail Miles Cleared</u>
2013	367,161	\$13,972,950	30,247
2012	373,381	\$12,515,563	17,148
2011	326,347	\$10,913,278	20,288
2010	315,442	\$11,942,130	
2009	345,690	\$7,490,864	
2008	286,153	\$6,613,643	
2007	236,847	\$5,619,738	
2006	141,175	\$3,695,000	
2005	165,113	\$3,847,000	
2004	204,700	\$5,450,000	
2003	136,161	\$3,420,000	
2002	108,919	\$1,735,600	
2001	128,200	\$2,001,000	
2000	154,600	\$2,834,000	
1999	87,300	\$1,802,000	
1998	105,370	\$2,658,000	
1997	92,300	\$1,790,000	
1996	74,410	\$1,456,000	
1995	<u>61,424</u>	<u>\$ 896,000</u>	
19 Years	3,710,693	\$100,652,766	

SL COUNTY MASTER PLAN COMMENTS

SL County Parks & Recreation is working on their master plan. PLEASE go online and make comments on horse facilities in SLCO. If you like how things are going, please tell them so. If you think there should be changes, please comment accordingly. We need equestrian comments so they know we really love 'our' horse trails!

<http://www.recreation.slco.org/planning>

These include:

So Jordan Equestrian Center
Yellow Fork/ Rose Canyon trails
Dimple Dell
Jordan River Parkway (limited SLCO involvement, but comments accepted anyway)
Emigration Canyon (Cindy Furse requests comments supporting continued availability of neighborhood horse trails and Camp K horse program)
Big Cottonwood Regional Park (Sue Hall requests comments supporting continued equestrian recreational facilities and expanded

horse trails for neighborhood access in the park.)

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