

NEXT RIDE :

July 18, Bench Creek (page 5)

NEXT MEETING :

June 9 Monthly meeting and Pack Clinic, 6 pm, Steve Johnson's house 2975 S 5650 W

THANK YOU!

Ray Johnson (Bryce Canyon Ride)

Steve Johnson (ride leader)

Helen and Keith Christensen and Stephanie Yeager (Obstacle Course and Breakfast)

INSIDE THIS ISSUE :

Obstacle Course	2
Bryce Canyon ride	3
More on Dehydration	4
Ride Schedule	5
Watch for flowers Full Moon Rides	6
Volunteer Corner	7



Mountain Ridge

Back Country Horsemen of Utah

P R E S I D E N T ' S M E S S A G E



Ray Smith and Jethro

We all seem to have so many people and activities wanting our time this summer that I hope we are able to get plenty of riding in also. Our annual breakfast and obstacle course was a lot of fun with a great mountain man breakfast prepared by Helen and Keith Christensen and Stephanie Yeager did a lot of work on the obstacle course , I just wish more of you could have attended .

Our Bryce Canyon ride went real well with thirty- three riders and some of the most beautiful views in the world. Very few people get to see what we do from the back

of a horse. The weather cooperated most of the time and we were able to take short morning or evening rides as well as 4-6 hour day rides. I don't think anyone froze but there were some who were looking for another blanket.

We had some concerns on this trip with bringing dogs with us . I for one would love to have my dog go on these trips as he goes with me about everywhere I travel, but I have realized after discussing the issue with some of our members that we need to set down some rules on dogs. First we decided that if you have a dog that is well behaved in camp and does not rob garbage cans or beg food at gatherings we would welcome these visitors to our camp, but we cannot have them roaming without supervision. When camping at our cabin near Bryce, my partner and I do not want them staying in the bunk houses. There is too much of a chance that they could spoil the experience for later guests.

Unfortunately, we have also decided that no dogs under any circumstances will be allowed on our BCHU group rides. With a large group we have to be aware that not all horses are used to animals running around their feet and also the possibility that a dog may surprise even a horse that is used to dogs, make him spook and get someone hurt. I regret that we need to make this rule but I think it will make the ride more pleasant and safer for everyone.

Take your horses and dogs out this summer and make a few memories.



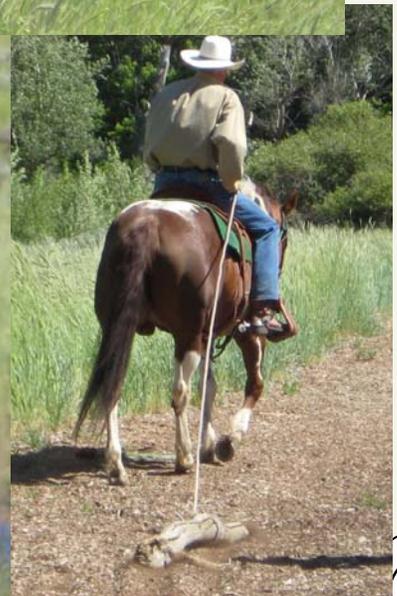
**BENCH CREEK
PACK TRIP
AND JULY
PACK
CLINIC**

On August 7-9 we will be going to Bench Creek up by Woodland for a PACK TRIP. This is an easy ride about 4-5 hours with a beautiful meadow to camp in and a small creek with water for the horses. Horses need shoes or boots. However everyone is responsible for their own food, cooking requirements, tents, high lines, horse gear, and other personal items. Meet at the Kamus IGA grocery store at 9, and we will trailer to the trail head together.

Because a lot of us have not packed in with our horses we have decided to have a MINI PACK CLINIC at our July meeting on July 9. This will be held at Steve Johnsons home at 2975 south 5650 west, it is just north and west of the Deseret Industries building. We will be meeting at 6:00 pm and Steve and several others will be giving us hands on experience on how to train our horses to pack different kinds of packs and different situations that may arise when ponying a horse, etc. This will include both 2-horse packing and single horse packing. If you plan on going on this pack trip this clinic is a must so you can be prepared for a fun and safe trip. All you need to bring is a camp chair to sit in and maybe something to take notes so you can practice the skills you learn with your own horses. Paul Kern will be taking charge of the meeting.

May your trails be clear and your vistas captivating.

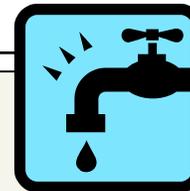
Ray Smith



BRYCE CANYON RIDE



More Picts available on Bev's [Photobucket](#) site.



Ron generously offered to include more information on what might have lead to his horse, Spirit, getting dehydrated on the Sheep Creek ride, and some words for the wise in case it happens to you. Thank you, Ron!

The possibility exists that Spirit's dehydration could have been initiated by several factors such as: 1) having to leave his best friend (my wife's mare) whom he shares an outdoor pen with 24-7, 2) being trailered by himself for two hours to a new unfamiliar stall in Salina on Friday night, 3) being trailered by himself for two hours to the Sheep Creek Ride, 4) not being adequately physically conditioned prior to the ride, 5) having to relax and cooperate with a large group of other horses, 6) not liking the taste of water at the temporary stall in Salina or on the ride, 7) being trailered by himself for two hours back to Salina after the ride. It's my feeling that one or more of the above possibilities caused him to have a nervous breakdown (who would ever think this possible in horses) and become emotionally and physically sick. In other words, this nervous disorder possibility caused a chemical imbalance in his system which curtailed his desire to eat and drink.

Spirit did fail both the Pinch Test and the Capillary Refill test mentioned in last month's newsletter. Initially, he could urinate only a very small amount and it was somewhat darker than normal. I felt so bad for him as he tried many times to squat and urinate but nothing would come out. I didn't know to check his respiration. I gave him 30cc of an Electrolyte paste in hopes of getting him to drink but with no success. I also gave him bute and banamine him which I later found out is absolutely not something you should do

with a dehydrated horse.

Many people at the barn where I was stalling Spirit offered many different suggestions in trying to help me help him. They could see that he was in extreme pain and discomfort. Many felt like it was just a matter of a few hours



before he would die. After trying to locate a local vet with no luck (good point to remember - prior to travel - obtain names and phone numbers of local vets where your going to be staying .. Bruce Kartchner's book has a list), I called South Valley Large Animal Clinic in South Jordan. Dr. Carter was the Emergency On Call Vet. She was fairly certain from my description of the situation, that indeed Spirit was very dehydrated and showing signs of Tying Up. She informed me that electrolyte paste should be only given before dehydration occurs while your horse is still hydrated. Electrolyte paste mainly helps the horse to retain bodily fluids prior to exhaustive exercise or work. She doesn't feel that Electrolyte paste does much if anything in getting them to drink water. She also informed me that you should never bute and banamine a horse at the same time. Looking back on the situation this makes sense (in others words, I over

dosed him) but I had concerned bystanders telling me that I needed to do it. Words to the wise — calm down and seek professional help if you can before administering drugs or medicine. Dr. Carter felt that the very best thing to do would be to have a vet tube him and force feed some water and fluids into him. If not possible,

(which turned out to be the case) then try to get some liquids into him by mixing Gatorade and water with some sweet feed. At 2 a.m. I drove to the truck stop in Salina, and purchased two big jugs of Gatorade. I didn't have any sweet feed with me but I did have some of his Purina pelleted supplement. I mixed everything together into a small bucket and fed him by hand for 1 1/2 hours. He did not want to eat it out of the bucket by himself. About 4 a.m., he stood up

and showed some interest in eating and actually started taking a few sips of water. By 6 a.m., he had drunk several times and I then made the decision to get him back home. Yes, another two hour trailer ride.

Getting him home really made a big difference. During the day Sunday, I monitored his progress. He progressively started drinking more, peeing more and eating. His urine came back to a clear and more normal color. Oh yes, I did try putting a can of Coke in his water at Salina but this didn't do anything. I think it probably would have helped maybe if I had got him use to drinking spiked Coke water or Red Cool Aid at home before going on the trip.

I might mention that a few prayers were offered up during the night as well. Anyway, Spirit is now all well and back to his spirited self which is just the way I love him.

Hope this might be of interest.
Ron Caldwell

MOUNTAIN RIDGE BCH 2009 SCHEDULE



Packing at Bench Creek — Ride it Again July 18

Thursday, July 9: Monthly meeting and pack clinic, 6:00 pm, Steve Johnson's house 2975 S 5650 W, it is just north and west of the Deseret Industries building.

Steve and several others will be giving us hands on experience on how to train our horses to pack different kinds of packs and different situations that may arise when ponying a horse, etc. This will include both 2-horse packing and single horse packing. If you plan on going on this pack trip this clinic is a must so you can be prepared for a fun and safe trip. All you need to bring is a camp chair to sit in and maybe something to take notes so you can practice the skills you learn with your own horses.

Fri-Saturday, July 10-11: Service Project, Current Creek State BCHU Service Project. Paula Hill, trail boss, details page 7.

Saturday, July 18: Monthly ride, Bench Creek, South of Woodland, info Steve Johnson, 801-541-6008 Meet at the Kamus IGA grocery store (just as you enter Kamus) at

9am. We will trailer together to the trail head.

This is an easy ride about 4-5 hours. Bring a lunch and water. Horses need shoes or boots.

Thur-Saturday, July 23-26: Monthly ride and campout, Island Park, ID, Paul Kern Property (Rides of 12 & 20 miles; not for the faint of heart), info Paul Kern, 942-8928
kernpr@gmail.com

Fri-Sunday, August 7-9:
Bench Creek Pack Trip. Self Support Pack Trip (Not Catered), info Keith Christiansen 571-6129

August 7 - 9, 2009 - Leave No Trace Training at Hardware Ranch Paula Hill and Paul Kern have indicated they would like to go for training. Anyone else, contact Ray Smith. ray-scki@yahoo.com, 969-0758.

Thursday, August 13: Monthly meeting, 7 pm, race track bldg, SL Equestrian Center

Thursday, September 10: Monthly meeting, 7 pm, race track bldg, SL Equestrian Center

Saturday, September 12: Monthly ride, Strawberry River Ride, North of Strawberry Reservoir, info Keith Christiansen 571-6129

Saturday, September 26: Service project, Hemangog Trail Work, Corner Canyon, info Bob Baker, 801-572-3996, bob-bucksnot@q.com

Thursday, October 8: Monthly meeting, 7 pm, race track bldg, SL Equestrian Center

Saturday, October 10: Monthly ride, Settlement Canyon, Tooele, info Bruce Kartchner

Saturday, November 7: Monthly ride, Look-out Pass, West Side of the Mountain, info Keith Christiansen 571-6129

Thursday, November 12: Monthly meeting, 7 pm, race track bldg, SL Equestrian Center

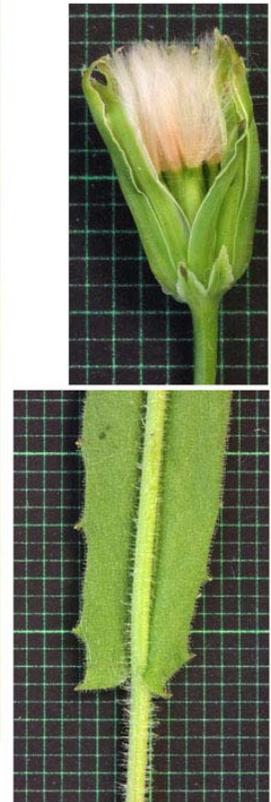
Thursday, December 10: Annual Christmas Party/Auction, Sheriff's posse building, South Jordan Equestrian Center. Info, Ray Smith, 969-0758

Sunday Rides: There will also be some ad hoc rides scheduled for Sundays. Watch for more information.

Camp Outs: A lot of times people camp informally the night before and/or after BCH rides. Contact the ride leader to see if they know of anyone doing this.

Want even more rides?

Remember, join one BCHU unit and you've joined them all. See bchu.com

*Crepis pulchra*

The Utah Native Plant Society is tracking two yellow flowers in Utah. Please keep your eyes open for these and let them know if you find them (GPS coordinates and/or photos would be wonderful, since they look very similar and may be difficult to tell apart). If you find them, please report to:
Bill Gray cyberflora@xmission.com

LEFT PANE: Slender tarweed (*Madia gracilis*)

This is a low-growing plant in the Composite family, with 1-5 yellow ray flowers ("petals") that have three distinctive lobes. The plant is somewhat sticky and aromatic, and is known from a few populations in Salt Lake, Weber and Cache counties. Plants I have encountered grow at about 5500 feet in grassy areas. An entomologist from U Calif Riverside asked us to watch out for it: he is studying a genus of rare moths that appear to specialize on this plant, and wants to visit populations in places other than California. A similar more robust plant, *Madia glomerata*, is much more common, but not of interest. Send photos if you are not sure which species you have.

RIGHT 3 PANES: Smallflower Hawksbeard (*Crepis pulchra*)

A large population of these was found growing in the foothills above Salt Lake City. It's a slender weed that likes moist places under scrub oak. Apart from an occurrence in Oregon it is known only from the eastern US and Europe, so it appears to be a recent introduction. We're not sure how invasive it is, and want to keep watch on it. We have other Hawksbeards here. This one is distinctive in being hairless in the upper stem and flowers, but sticky hairy in the lower half. Seed fluff is tan, and very fine.

**F U L L M O O N
R I D E S**

Jul. 7, 5:21 a.m. EDT -- Full Buck Moon, when the new antlers of buck deer push out from their foreheads in coatings of velvety fur. It was also often called the Full Thunder Moon, thunderstorms being now most frequent. Sometimes this is also called the Full Hay Moon. Since the moon arrives at apogee less than 13 hours later, this will also be smallest [full moon](#) of 2009. In terms of apparent size, it will appear 12-percent smaller than the full moon of Jan. 10

Moon Information From <http://www.space.com/spacewatch/090109-ns-full-moon-names-2009.html>

Online [Forms](#) & Instructions

Send yours to: [Doris Richards](#)
10508 Weeping Willow Dr
Sandy, Utah 84070
(H) 572-1253

July 10-12 Strawberry area Current Creek Project (regional project for all chapters) Paula Hill, coordinating!

I have finally spoken with the Forestry Service and the area manager for American Land and Leisure about the Current Creek Project for this year, and we have good news. We will have supplies to build at least one corral. There is the possibility for two, but I know we will for sure be building one.

The dates we put on the State calendar are still good. They are July 10,11, and 12. I will be going up on the 8 to get settled and get everything in order for those who are coming up to help. If anyone else would like to come early, that would be great. There are several repairs caused by heavy snow that can be done to some of the mangers and one of the corrals. They are minor and could be done in a short

amount of time, so if you can only come for one day, those would be great projects to work on.

We will be allowed to camp, free of charge, for the stated days of the project. Those interested in camping, please let me know as soon as possible who you are and how many camp sites you might need and if you plan to bring horses. If you wish to come and work, but will not be camping, please let me know who you are and what days you would be coming.

Tools! Bring what you would use to dig post holes and set posts and what you would need to put up rails and gates-hammers, drills, screwdrivers, socket set with ratchet, etc. We will be using 3/8" carriage bolts. If anyone has a generator, that would be very helpful as there is no electricity at the camp sites. Also, saws; bow, reciprocal, and chain. Those who are chainsaw certified need to have your certification on record with the Forest Service.

We may use available downfall for repairs. As usual, there will be the need for some trail clean up.

I think that is it for now. If anyone has any questions, please feel free to contact me. You can reach me at:

801-766-8393 (leave a message if no answer) or email me at colostatemama@yahoo.com.

Thanks ,
Paula

Aug 15-23 Crystal Lake Bridge

in the Uintas (regional project for all chapters). 15 packers + pack animals have taken in 1/3 of the needed corduroy for bridges. The rest needs to be packed in, and the bridges built. Will be scheduled for a week long project with a base camp set up. More details to follow on bchu.com

Saturday, September 26: Service project, Hemangog Trail Work, Corner Canyon, info Bob Baker, 801-572-3996, bobbucksnot@q.com

2009 Officers:

President :
Ray Smith
969-0758

rayscki@yahoo.com

State Rep:
Paula Hill 766.8393
colostatemama@yahoo.com

Ride Coordinators:
Steve Johnson 541-6008
Keith Christensen
571-6129

1st Vice Pres:
Paul Kern
942.8928

kernpr@gmail.com

Service Coordinator:
Doris Richards 572-1253
OhioanInUtah@gmail.com

Historian:
Rinda Black 278-2112

2nd Vice Pres.:
Bob Baker 572-3996;
631-8058; 631-8058
bobbucksnot@q.com

Education:
Paul Hillier 571-6425
George & Christa Muller
619-8632

Newsletter Editor:
Cindy Furse
581-9225
cfurse@ece.utah.edu

Secretary:
Help needed! To Volunteer for this position, call Ray Smith.

Treasurer
Larry Newton 553-7702
Bignewt1@comcast.net

Past President:
Beverly Hefernan
572-3304
b.heffernan@att.net

Featured Websites in this Edition:

Back Country Horsemen www.bchu.com
eXtension.org (select Horses)
[Holladay City Ordinance](#)
[Holladay Stables Need Letters](#)

Mountain Ridge Photo Sharing Site: email cfurse@ece.utah.edu for an invitation.
GPS Sharing Site: http://www.ece.utah.edu/~cfurse/GPS_info/GPS.htm
USU Equine Extension extension.usu.edu/equine

WE'RE ON THE WEB!
BCHU.Com

**MOUNTAIN RIDGE
BACK COUNTRY
HORSEMEN**

**Mountain Ridge Back Country Horsemen
P.O. Box 81
Riverton, UT 84065**

Join M.R.B.C.H. and preserve our heritage!

Name(s): _____

Address: _____

HomePhone _____ Work# _____

Cell # _____ e-mail _____

Liability Release: **MUST BE SIGNED**

Recognizing the fact that there is a potential for an accident wherever horse/mule use is involved, which can cause injuries to horse/mules, riders, and spectators and also recognizing the fact that Back Country Horsemen of Utah, including units, officers, directors, or members cannot always know the condition of trails or the experience of riders or horses/mules taking part in trail rides or other BCHU functions, I do hereby release the above named from any claim or right for damages which might occur to me, my minor children or horses/mules.

By signing this release, I/WE recognize the following Utah State Law, "UCA 78-27b- Limitations on liability for Equine and Livestock Activities." It shall be presumed that participants in equine or livestock activities are aware of and understand that there are inherent risks associated with these activities. "Inherent risk" with regard to equine or livestock activities means those dangers or conditions, which are an integral part of equine or livestock activities. The equine activity sponsor is not liable for those inherent risks. If you are unwilling to assume these risks for yourself or for those under your supervision, you should not participate in these activities.

Signed: _____ Date: _____ Signed _____ Date _____

Make check payable to Mt. Ridge BCH, individual \$30/year, family \$40/year. New _____ Renewal _____

GET MORE MILEAGE OUT OF YOUR MEMBERSHIP ! Pass this on to a friend.

**MRBCH Editor
Cindy Furse
9400 Emigration Canyon
Salt Lake City, Utah 84108**